

CONSERVE TO IMPROVE



Recycle, reuse, and reduce.

Recycle paper, plastic, aluminum.

Reuse plastic bottles by refilling them rather than buying a new bottle each time; papers (use other side of the papers).

Use rechargeable batteries and dispose of all batteries and old cell phones properly. Best Buy, Home Depot, and Circuit City will recycle batteries & cell phones (or to find one in your nearest location, www.call2recycle.org)

Use items that do not create a lot of trash (example: buy a large box of cereal rather than many smaller boxes; use cloth towels rather than paper towels; bring your own reusable grocery bags to the store).

Energy conservation:

Turn off electrical appliances when you are not in the room (computers, lights, televisions, radios, etc.). You can save more energy by turning off your computer after each use than by leaving it on all night long.

Water conservation:

Take shorter showers and replace your showerhead with an ultra-low-flow head (receive free water saving kits from the gas company, www.socalgas.com/residential/EE_kit_promo/)

Don't let the water run while brushing your teeth.

Use dishwashers and clothes washers only when they are fully loaded or set for the proper size load.

Use **recycled products** (paper & school supplies) and buy products that do not harm the environment (products to avoid: aerosol cans, poisons).

When visiting natural areas, **stay on paths** to avoid destroying native plants and animal homes.

Set an example by not littering. Once a day, pick up someone else's trash to make a cleaner environment.

I pledge to help protect my planet (pick 3 from above):

- 1.
- 2.
- 3.

